



VINCENT PARKS HE/HIM

Therapeutic Mentor
(Inclusion Education Trainer)

WHAT DO YOU DO AT INCLUSION ?

I provide shelter, safety, care and understanding for young people and insight, knowledge, and empowerment for staff

GETTING TO KNOW THE TEAM

WHAT IS YOUR SUPERPOWER?

My perspective on life.

WHAT UPSETS YOU?

The reality of life.

Millwall or Celtic losing.

Losing or misplacing things.

WHAT ARE YOU GOOD AT

Being someone's anchor in a storm.

Leading mountain climbs.

Thinking things through.

WHAT DO PEOPLE NEED TO KNOW ABOUT YOU?

My three major loves and passions are football, music, and psychology.

I support two football teams, Millwall & Celtic.

Two of my favorite songs are The Wolves by Ben Howard & Gypsy by Fleetwood Mac.

My heroes of Psychology are Carl Rogers and Aaron Beck.

WHAT IS YOUR FAVOURITE SAYING?

It comes from my Mum, she always used to say, "Be true to yourself, Baby".

