

# [inclusion School news]

Putting  
well-being  
at the heart  
of education

January 2024 Issue: 15

Page:1

## Welcome to Inclusion School News!

Happy New Year to all of our learners and parents!

It was so lovely to see our learners back with us last week and we've had such a positive start to the new year. We're really looking forward to what 2024 can bring.

### Mobile phone strategy

As previously mentioned, we have been looking at the use of mobile phones throughout the school and ways in which we can limit learners dependence on these. As with everything we do at Inclusion, we want to work together with parents and carers to support our learners and continue to help them develop independence, resilience and regulation strategies. We feel that having less mobile phone time will be beneficial to this goal.

To support us with this strategy, we would ask you that if your child contacts you during the school day, please do not reply to them but call the school so we can talk to them.

Similarly, we may contact you if your child requests to do so if there is a problem. Our aim is that this will enable our team to offer them the support and strategies to help with the issues or feelings they may be experiencing. We know this may feel difficult but it is our aim to support learners independence, self-reliance and confidence. Please do contact us if you have any questions or concerns about this approach.

A survey asking for your input into this approach will be emailed out this week asking for your views on how we can further design and refine our strategy taking into account our learners' needs, mental health and well-being. Your responses will help us to formulate the best approach going forward - thanks so much for your support.

## Wellies for Wellington!

With the increasingly wet and muddy weather, please could we ask those who have wellingtons to bring them into school on Wellington work experience days (these are on Monday and Thursdays for different groups - if you are unsure which days your child attends then please ask the office). For some of the outside activities - particularly the farm work this is required in order to take part. It would be great to have some spare pairs in case they are forgotten on the day - so if you have any extras at home then we'd be most grateful for any donations if you could send these in. Thanks so much!



# [inclusion School] news

Putting  
well-being  
at the heart  
of education

January 2024 Edition 15

Page: 2

## Relationship and Sex Education (RSE)

Our staff inset day at the start of this year focused on training around Teaching Sensitive Topics, delivered by Brook, as part of our work on RSE. You can find more about Brook and the information and services they offer at: <https://www.brook.org.uk/education/>

This really is such an important topic that can have a real impact on the knowledge and understanding of our learners - with particular focus placed on ensuring our curriculum is appropriate and accessible for neurodiverse and SEND young people.

You can find more about RSE at Inclusion in the policy section on our website

[www.inclusionschool.org.uk](http://www.inclusionschool.org.uk)

We've added some links below where you can find more information:

### Big Talk Education - Parents Guidance -

<https://www.bigtalkeducation.co.uk/parents/>

They also have really useful Parent FAQ's specifically for children with autism and SEND

### NSPCC - Sex and Healthy Relationships -

<https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/healthy-relationships/>

## Dates for the Diary

**9th January - Immunisations  
(Teenage Booster Yr9-11)**

**Internal careers interviews for Year  
11 learners over the next two weeks.**

### Childline - Information on sex and healthy relationships

<https://www.childline.org.uk/info-advice/friends-relationships-sex/sex-relationships/>

We know this can be a difficult subject to raise and discuss with your child - if you have any queries or concerns around this then please do get in touch with us.

### Please note....

Our usual mini bus service which picks up and drops off some of our learners will not be running on **Friday 19th January**. The school will ensure an alternative service for those learners who usually use the mini bus - full details will be shared with relevant parents and learners about this when confirmed.

**Please can we ask you to return any outstanding medical forms to the office**