# **Behaviour Policy**



Approved by:		Date: April 2023
Signed by:	L Part	Position: Chair of Governors
Last reviewed:	April 2023	Next review due: April 2024

#### Monitoring arrangements

This behaviour policy will be reviewed by the headteacher and governing board at least annually, or more frequently, if needed, to address findings from the regular monitoring of the behaviour data (as per section 13.1). At each review, the policy will be approved by the Trustee board.

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# 1. Aims of this policy

This policy aims to:

- Provide a framework for Inclusion School's collective beliefs, understanding and practices about behaviour as it relates to those with mental health, learning and other complex needs
- Provide guidance to staff, learners, parents/carers, trustees/governors and other stakeholders on how we support our learners to promote self-regulation and feel safe to learn
- Outline a consistent approach to behaviour management and its causes for staff members
- Outline how we promote positive behaviour
- Define what we consider to be unacceptable behaviour, the consequences of such behaviours, and the support available to improve this behaviour
- Detail the support available to learners who are affected by negative behaviour

 Summarise the roles and responsibilities of staff in the school community with regards to behaviour management

# 2. Legislation and statutory requirements

This policy is based on legislation and advice from the Department for Education (DfE) on:

- Behaviour and discipline in schools: advice for headteachers and school staff, 2016
- Behaviour in schools: advice for headteachers and school staff 2022
- Searching, screening and confiscation at school 2018
- Searching, screening and confiscation: advice for schools 2022
- The Equality Act 2010
- Keeping Children Safe in Education
- Use of reasonable force in schools
- Supporting pupils with medical conditions at school

It is also based on the Special Educational Needs and Disability (SEND) Code of Practice.

In addition, this policy is based on:

- Section 175 of the <u>Education Act 2002</u>, which outlines a school's duty to safeguard and promote the welfare of its pupils
- Sections 88 to 94 of the <u>Education and Inspections Act 2006</u>, which requires schools to regulate pupils' behaviour and publish a behaviour policy and written statement of behaviour principles, and give schools the authority to confiscate pupils' property
- Schedule 1 of the <u>Education (Independent School Standards) Regulations 2014</u>; paragraph 7 outlines a school's duty to safeguard and promote the welfare of children, paragraph 9 requires the school to have a written behaviour policy and paragraph 10 requires the school to have an anti-bullying strategy

# 3. Key beliefs

Inclusion School believes that to enable progression and learning everyone should demonstrate positive, kind and considerate behaviour and embody Inclusion School's values (Section 4.4). We call this the Inclusion Way.

It is the intention of this Behaviour Policy to reflect our insight and understanding of the complex mental health needs of our learners and how these contribute to their ability to self-regulate and manage their behaviour positively so that they can learn to independently self-regulate and engage with learning.

Inclusion School incorporates a holistic, person-centred approach to ensure we are continually reflecting and planning for the needs of our learners. This includes, but is not limited to, learners with severe and chronic mental health needs, anxiety, ASD and gender dysphoria.

Inclusion School recognises that challenging behaviours happen for a reason – that behaviour is a form of communication – and such behaviour might be the only way a learner can communicate. It is for this reason that these are the young people who most require our nurture and support and why we as a school continually ask "why" we are seeing a behaviour and what it tells us about the further need and interventions that young person requires. In no circumstance does Inclusion School recommend the use of restrictive practice, regardless of behaviour (see Appendix 1 for Inclusion School's Statement on the Use of Restraint).

Most learners are referred to Inclusion School because they have struggled to access their previous setting due to high anxiety and have, consequently, missed large portions of their education. As a result our Behaviour Policy must go beyond that of merely maintaining good behaviour. It must provide the framework to support the mental health and wellbeing of learners in order to re-establish a positive relationship with education, achieve and prepare our young people to live happy, positive and independent lives in which they contribute to society.

Inclusion School seeks to achieve this by creating a safe, nurturing and welcoming learning environment by:

- Encouraging, recognising and acknowledging positive behaviour at every opportunity
- Promoting self-esteem by encouraging learners to value and respect themselves and others through role modelling, mentoring and education
- Providing a safe environment free from disruption, violence, bullying and any form of harassment or discrimination
- Identifying the signs of dysregulation and acting proactively to provide the necessary support to prevent escalation and ensure wellbeing
- Ensuring a consistent and fair response to positive and negative behaviour based on each learners' needs
- Building a positive relationship with parents/carers to develop a learner-centred, holistic approach which involves them and the learner in the implementation of positive behaviour strategies
- Acknowledging that mistakes are part of the learning process and supporting our learners to learn from these mistakes to improve future action
- Encouraging and supporting learners to take responsibility for their behaviour and empowering them to make long-lasting, positive change
- Explaining unacceptable behaviour and the impact it has on others, particularly bullying or prejudice-based language/action, so that the learner can be supported to make long-lasting change

# 4. Promoting positive behaviour

To ensure the wellbeing of every learner it is necessary that learners, staff, parents/carers, governors/trustees, staff and stakeholders who refer to Inclusion School understand this behaviour policy and support its implementation.

All strategies and actions undertaken by Inclusion School staff are designed to create an enjoyable, positive learning experience in line with the key beliefs outlined in this policy. Learners should be able to learn, socialise and be enthusiastic about their education and their future. To achieve this the school community encourages positive and kind behaviour to enable progress and acts quickly when there are behaviours that undermine the wellbeing and mental health of another, any action that causes physical harm, or damages the relationship between others within the school community because these actions jeopardise the safety and security our learners need in order to learn and make progres.

Inclusion School has identified three qualities of our 'Inclusion Way' which promotes the development of self-regulation and positive behaviour for its learners to achieve sustainable progress:

#### 4.1 The quality of our relationships

Relationships are the key component to success and achievement at Inclusion School.

Inclusion School's members of staff model appropriate relationships to learners and embody trust and honesty within relationships to each other and to learners. All Inclusion School staff know that trust is something earned from learners, not expected, and members of staff communicate honestly, supportively and compassionately to earn a learner's trust and support their progress and learning.

We value the diversity of our staff and hope that all of them will be a trusted adult for our learners. The more positive relationships a learner has at Inclusion School leads to greater success and achievement. Our staff know that making and sustaining relationships is not always easy for young people, especially with adults in education. Our staff foster positive, kind and nurturing relationships with our learners by:

- Always listening closely, attentively and non-judgmentally
- Understanding our learners' needs
- Embodying a PACE approach
- Articulating belief in learners and their abilities
- Treating learners with dignity and respect
- Communicating honestly, accessibly and age-appropriately
- Knowing that the person who knows the learner best is themselves and actively seeking their views on issues affecting them
- Recognising and apologising for our own mistakes (saying sorry)
- Acting fairly and consistently for all learners
- Challenging prejudice, discrimination and sexual harassment when it occurs and using our trusting relationship to explain why it is inappropriate and its impact on others
- Respecting and maintaining boundaries and structures
- Empowering learners to make the positive choice based on our trusted guidance and to take responsibility for their choices, actions and future
- Acting to support learners discretely and ensuring that they can make the final decision
- Naming and managing our own emotions when responding to learners' behaviours and modelling emotional intelligence (Zones of Regulation)
- Building close relationships with parents and carers to support them to ensure consistency at home and school
- Networking with other professionals and services to enable the learner to access the appropriate support they need and use their positive relationships with us to make new relationships with other adults

# 4.2 The quality of our provision

The Inclusion School team recognises that each learner is individual and that before any progress can be made we must understand that young person, their needs, background and aspirations. Understanding that young person where they are, not where they are expected to be, will enable them to be heard and respected and make progress. Our provision and learning programmes are designed with this understanding in mind and we achieve a high-quality provision, with learners at its centre, by:

- Reviewing all available information, including EHCPs, and detailing support needs and strategies for new learners before they start, working with the Local Authority and parents/carers to support a positive transition
- Communicating support needs and strategies to staff and ensuring their ongoing availability to staff at any time
- Providing ongoing assessment for the learner and their needs (including EHCPs) based on their voice and experience

- Providing Occupational Therapy, Speech and Language Therapists, and Educational Psychologist input to each learner's journey
- Delivering small group teaching which is considerate of group dynamics, personality and need
- A safe, quiet environment for learners to learn and progress which respects those with sensory needs
- An on hand mental health engagement team at all times for learners struggling with their mental health, learning or other need
- Monitoring progress of SEMH through our own bespoke systems
- Encouraging and role modelling a Growth Mindset in which mistakes are learning opportunities
- Acting swiftly on learner disclosures and safeguarding our learners
- Providing a sense of community and belonging
- Delivering a diverse and inclusive World & You curriculum that focuses on areas of importance to young people, such as online safety, healthy relationships and consent (RSHE/PSHE)
- Delivering personalised high-expectation learning based on need, not age or expectation
- Embedding a holistic, readily differentiated curriculum focusing on areas of need
- Supporting learners to identify strengths, develop resilience, confidence, self-esteem and understanding appropriate sexual behaviours
- Providing unconditional positive regards and ongoing positive reinforcement and sensitive feedback
- Finding the positive in all situations, including when something bad has happened, however small
- Developing learners' ability to manage their mental health independently through support plans
- Personalised pastoral care, support and communication for the learner and their family to ensure develop positive relationships and trust with the learner, their parents/carers and family
- Providing therapeutic activities and spaces for learners including counselling, equine therapy, music and art – to promote wellbeing a self-regulation
- Having close partnerships with the Local Authority, partner agencies and the wider community to provide personal development opportunities for our learners to prepare for adulthood and employment

## 4.3 The quality of our staff

Inclusion School's staff are highly-trained and experienced professionals, the organisation's greatest resources and a learner's greatest support.

Our staff understand the background and needs of each learner before they attend.

All Inclusion School staff sign a code of conduct which includes statements, such as treating learners with dignity and respect and promoting the rights of others.

Our staff promote positive, fun and engaging sessions by:

- Outlining clear expectations for sessions, incorporating learner voice and need
- Ensuring all learners are safe and respected
- Proactively identifying, de-escalating and defusing dysregulation using therapeutic activities in substitute for academic subjects
- Recognising that no one size fits all
- Utilising all opportunities for learning, even if it is not planned or is the result of challenging behaviour and/or language

- Communicating, collaborating and sharing knowledge, experience and understanding of learners
- Praising learners for achievement, even if 'small'. For example, a learner may find it
  hard to accept help and so praising this, although small, is worthy of praise and
  recognition. We call these Star Moments.
- Creating sessions and resources based on a learner's interest, differentiating where necessary
- Being readily accessible to learners for academic, pastoral and therapeutic support, including providing scribe or reader support, or differentiated resources, such as a laptop
- Embodying a Growth Mindset
- Advocating for learners and trusting in their relationship with them to talk to them when required
- Continually learn new skills and knowledge to support learners
- Communicating with learners using their preferred methods
- Visualising and naming emotions, preparing learners for changes and transitions (Zones of Regulation)
- Reflecting and debriefing social interactions which have not happened in the way the learner expected
- Acting non-judgmentally and having unwavering belief in a young person's potential
- Role modelling appropriate professional and personal relationships through use of inclusive and diverse language and action
- Challenging each other when one of uses stereotypical language

# 4.4 What good behaviour looks like

All of the above, put in place by Inclusion staff will enable our learners the best opportunities to demonstrate good behaviour as frequently and as consistently as possible. Good behaviour is based around the school's key values:

- Community
- Respect
- Growth
- Compassion
- Belonging
- Acceptance
- Kindness
- Integrity
- Inclusion
- Cooperation

If a learner at Inclusion School is not embodying these values in their interactions with each other, to staff or to themselves they are not embodying our expectations of good behaviour and will receive additional support and, if necessary, challenging conversations to enable them to achieve this.

## 5. Learner code of conduct

These are the core standards of behavioural conduct that apply to learners who attend Inclusion School:

- Use your abilities and efforts to produce the best work you can
- Be considerate, cooperative and supportive towards staff and learners
- Keep Inclusion School a pleasant and effective place to learn
- Behave in an orderly and self-controlled way

- Show respect and kindness to members of staff and each other
- Move respectfully around the school
- Treat the school building, school property and the property of others with respect
- Accept consequences when applied by staff
- Refrain from behaving in a way that brings the school into disrepute, including when outside of school

# 6. Bullying

**Bullying** is defined as the repetitive, intentional harming of one person or group by another person or group, where the relationship involves an imbalance of power. Bullying is therefore:

- Deliberately hurtful
- Repeated, often over a period of time
- Difficult to defend against

The following is a list of types of bullying. Please note that this list is not exhaustive and is regularly reviewed.

Equally each particular case of bullying may fall into more than one of the above categories.

Type of bullying	Definition	Example behaviour
Emotional	Repeated and deliberate use of verbal language and/or direct/indirect action to cause harm to an individual's wellbeing	Being unfriendly, excluding from groups or activities, tormenting, teasing, name-calling, 'banter', spreading false rumours, sarcasm
Physical	Repeated and deliberate use of physical violence towards an individual	Hitting, kicking, pushing, taking another's belongings, any use of violence
Cyber-bullying	Any form of bullying that takes place online, such as through social networking sites, messaging apps or gaming sites	Spreading false rumours, taking/sharing photos without consent, removing from group chats (and similar), peer pressure to engage in harmful acts
Specific forms of prejudice-based and discriminatory bullying		
Type of bullying	Definition	Example behaviour

Racist	Repeated and deliberate use of language (directly or indirectly) and/or physical violence towards an individual based on prejudice and/or negative attitudes, views or beliefs about a person's race.	Racial taunts, graffiti, gestures, racist symbols and slogans
Gendered	Repeated and deliberate use of language (directly or indirectly) and/or physical violence towards an individual based on prejudice and/or negative attitudes, views or beliefs about a person's sex.	Use of outdated stereotypes, comments about an individual's body, use of sexist language,
Sexual	Any form of sexual harassment or violence.	Inappropriate and non-consensual touching, groping, sexual assault, interfering with someone's clothes, explicit sexual remarks, displays of sexual materials, sharing of imagery, sexual 'jokes' and 'banter', comments about sexual reputation or performance, upskirting
Homophobic/bi phobic	Repeated and deliberate use of language (directly or indirectly) and/or physical violence towards an individual based on prejudice and/or negative attitudes, views or beliefs about those who are, or are perceived to be, lesbian, gay or bisexual.	Hitting, humiliating the individual through use of homophobic language, refusal to co-operate with someone based on their real or perceived sexual orientation, inappropriate sexual comments, 'outing' someone
Transphobic	Repeated and deliberate use of language (directly or indirectly) and/or physical violence towards an individual based on prejudice and/or negative attitudes, views or beliefs about trans people	Hitting, humilating the individual through use of homophobic language, refusal to co-operate with someone based on their real or perceived sexual orientation, inappropriate sexual comments, 'outing' someone

Type of bullying	Definition
Sexual	Explicit sexual remarks, display of sexual material, sexual gestures, unwanted physical attention, comments about sexual reputation or performance, or inappropriate touching

Direct or indirect verbal	Name-calling, sarcasm, spreading rumours, teasing
Cyber-bullying	Bullying that takes place online, such as through social networking sites, messaging apps or gaming sites

For further details about Inclusion School's policies and procedures in dealing with bullying please refer to Inclusion School's Anti Bullying Policy.

All prejudiced-based and discriminatory bullying incidents are recorded and reviewed by the safeguarding team each week. The number of recorded incidents is reported each quarter to Inclusion School's Governing Board.

#### 7. Sexual harassment and violence

Inclusion School does not tolerate any form of sexual harassment or sexual violence within its community.

Throughout this document, Inclusion School defines these terms as meaning:

- **Sexual violence** is rape, sexual assault by penetration and any sexual assault. This may also enclude an online element which facilitates, threatens and/or encourages sexual violence.
- Sexual harassment is any unwanted conduct of a sexual nature.

A non-exhaustive list of examples is provided below:

- Examples of sexual violence include rape, sexual assault by penetration and any
  form of sexual assault, which includes any deliberate and unwanted sexual touching,
  upskirting, and non-consensual sharing of nude or other youth produced sexual video
  and/or imagery
- Examples of sexual harassment includes sexual comments (online or in person), sexual jokes or taunting, physical behaviour like interfering with clothes, online harassment such as sexting, sharing of unwanted pornographic or other sexual explicit imagery

## 7.1 Responding to sexual harassment and violence

Sexual harassment and sexual violence, like all forms of child-on-child abuse, will be managed by the Designated Safeguading Lead (DSL) and Headteacher.

Inclusion School strongly believes that all forms of sexual harassment and violence, even if viewed as 'low level' should be responded appropriately, in consideration with the wishes of the victim(s) and by providing support to the alledged perpetrator(s). It is also essential to remember that the alleged perpetrator may also be a victim and supported, if necessary.

When a case has been reported, the DSL and other safeguarding team members will assess whether the case can be managed internally or should be referred to external services, such as early help, children's social care or the police.

All other aspects of the incident will follow the sanctions outlined in section 11 of this document.

Throughout the process the victim(s) will be offered support from Inclusion School and any adaptations required will be made (such as changing the session time of the victim(s) or the alleged perpetrator(s) based on the wishes of the victim and other considerations).

## 7.2 Inclusion School's zero-tolerance approach

As detailed in sections 3 and 4 of this document, Inclusion School strongly promotes a positive and supportive community between all its members, including within peer-to-peer relationships, and has implemented a broad range of ways to achieve this.

Inclusion School has a zero-tolerance approach to sexual harassment and violence at all levels, and believes that by challenging, educating and reducing the number of 'low level' incidents this will reduce the number of 'high level' incidents. As part of this, all observed incidents are recorded by staff members and overseen by DSLs and Senior Leaders. If a recurring pattern of behaviour is becoming a concern, suitable and proportionate actions will be undertaken.

As part of Inclusion School's learner-centred focus, it is essential that the victim(s) wishes be listened to and taken into account (where possible) and offered ongoing support.

Following an incident, the victim will be offered ongoing therapeutic support and given a voice in the decision that affects them, such as any changes they may want made and signposting to internal or external support services.

Similarly, the actions of perpetrator(s), whilst not being tolerated, should be supported to improve, rather than demonised, so that long-lasting positive change can take place. Examples of this can include condemning their language, behaviour or actions and explaining its impact on others.

It is important to remember that the actions of a perpetrator(s) may be a communication of their own abuse or ongoing difficulties, and they may be a victim in their own right, entitled to support.

# 7.3 Encouraging the reporting of sexism and sexual harassment

Inclusion School's approach to tackling sexism, sexual harassment and sexual violence is continually evolving in response to changes in society and the views of its learners. Therefore, Inclusion School strongly encourages the participation of its learners in the development of future implementations of this policy and any other procedures that help reduce the barriers to reporting instances of sexism and sexual harassment.

Inclusion School emphasises the importance of honest and trusting relationships between staff and learners. Learners can report any examples of sexism of sexual harassment that they were victim or observed in the knowledge that this will be dealt with sensitively, transparently and proportionately.

It is important for learners to feel safe reporting 'low level' incidents (such as sexist name calling or being sent unwanted sexually explicit material) and know they will be heard and offered ongoing support for their wellbeing. Equally, to reduce the barrier to reporting incidents, it is important for learners to have their trust in staff vindicated and see that the incident is managed appropriately and proportionately. Ultimately, Inclusion School would like to ensure all learners feel safe and empowered to call out and report any incidents of sexism or sexual harassment, as outlined in section 7 of this document.

# 8. Roles and responsibilities

#### 8.1 Governors and Chief Executive

The governing board and chief executive is responsible for:

Reviewing and approving the written statement of behaviour principles (appendix 1)

- Ensuring that this policy is non-discriminatory, fair and that its expectations are communicated clearly.
- Reviewing this behaviour policy in conjunction with the headteacher
- Monitoring the policy's effectiveness
- Holding the headteacher to account for its implementation

#### 8.2 Headteacher

The headteacher is responsible for:

- Reviewing this policy in conjunction with the governing board
- Giving due consideration to the school's statement of behaviour principles
- Approving this policy
- Ensuring that the school environment encourages positive behaviour
- Ensuring that staff deal effectively with poor behaviour
- Monitoring that the policy is implemented by staff consistently with all groups of learners
- Ensuring that all staff understand the behavioural expectations and the importance of maintaining them
- Providing new staff with a clear induction into the school's behavioural culture to ensure they understand its rules and routines, and how best to support all learners to participate fully
- Offering appropriate training in behaviour management, and the impact of special educational needs and disabilities (SEND) and mental health needs on behaviour, to any staff who require it, so they can fulfil their duties set out in this policy
- Ensuring this policy works alongside the safeguarding policy to offer learners both sanctions and support when necessary
- Ensuring that the data from the behaviour log is reviewed regularly, to make sure that no groups of learners are being disproportionately impacted by this policy (see section 13.1)

#### 8.3 Teachers and staff

All Inclusion School staff are responsible for:

- Implementing the behaviour policy consistently
- Creating a calm and safe environment
- Modelling positive behaviour
- Providing a personalised, holistic approach to the specific behavioural needs of learners
- Recording behaviour incidents promptly
- Encouraging and supporting learners to take responsibility for their own behaviour and making them fully aware of the code of conduct), this policy and its procedures
- Enabling and supporting learners to report any form of behaviour which affects the wellbeing of themselves or others
- Communicating the school's expectations, routines, values and standards through teaching behaviour and in every interaction with learners
- Considering their own behaviour on the school culture and how they can uphold school rules and expectations

The senior leadership team (SLT) will support staff in responding to behaviour incidents.

#### 8.4 Parents/carers

Parents and carers, where possible, should:

- Get to know the school's behaviour policy and reinforce it at home where appropriate
- Support their child in adhering to the school's behaviour policy
- Inform the school of any changes in circumstances that may affect their child's behaviour
- Discuss any behavioural concerns with the class teacher promptly
- Take part in any pastoral work following misbehaviour (for example: attending reviews of specific behaviour interventions)
- Raise any concerns about the management of behaviour with the school directly, whilst continuing to work in partnership with the school
- Take part in the life of the school and its culture
- The school will endeavour to build a positive relationship with parents and carers by keeping them informed about developments in their child's behaviour and the school's policy, and working in collaboration with them to tackle behavioural issues.

#### 8.5 Learners

Learners will be made aware of the following during their induction into the behaviour culture:

- The expected standard of behaviour they should be displaying at school
- That they have a duty to follow the behaviour policy
- The school's key rules and routines
- The rewards they can earn for meeting the behaviour standard, and the consequences they will face if they don't meet the standard
- The pastoral support that is available to them to help them meet the behavioural standards

Learners will be supported to meet the behaviour standards and will be provided with repeated induction sessions wherever appropriate.

Learners will be supported to develop an understanding of the school's behaviour policy and wider culture.

Learners will be asked to give feedback on their experience of the behaviour culture to support the evaluation, improvement and implementation of the behaviour policy.

Extra support and induction will be provided for learners who are mid-phase arrivals.

# 9. Implementing positive behaviour management

To ensure the wellbeing of every learner it is necessary that parents/carers, governors, staff and stakeholders who refer to Inclusion School understand this behaviour policy and support its implementation.

All actions undertaken by Inclusion School staff are designed to create an enjoyable, positive learning experience. Learners should be able to learn, socialise and be enthusiastic about their education and their future. To achieve this staff encourage positive and kind behaviour and discourage any behaviours that can undermine learning, the relationship between staff and learners, and any deliberate actions intended to harm the physical or mental health of another.

Staff should ensure they acknowledge and reward behaviour with praise at every opportunity and are consistent and clear when explaining why a negative behaviour is being discouraged. If the

behaviour is repeated by the learner staff will be required to impose sanctions for deliberately repeating unacceptable behaviours.

#### 9.1 Rewards

An ethos of care, encouragement and understanding is central to the promotion of positive behaviour. Rewards can be an acknowledgement of effort, demonstrate care and play a motivational role in helping learners to realise that positive behaviour is valued.

The main form of reward utilised by Inclusion School is an emphasis on specific praise both informal and formal to individuals and groups. Praise and rewards are used to motivate learners much more frequently than negative consequences. This builds a culture of achievement and success.

Positive behaviour will be rewarded with:

- Individual and precise praise tied to a specific action (e.g. accepting responsibility for a negative action).
- Postcards, emails or phone calls home to parents/carers
- Special responsibilities/privileges (such as a School Council role, mentoring, helping out at Open Mornings/Evenings)
- Public recognition of achievement (with the learner and parent/carer's agreement) on social media and the Inclusion School website
- Additional bonuses towards end of term school trips

## 10. Definitions

#### 10.1 Misbehaviour

Misbehaviour is defined as:

- Negative language towards peers, adults or staff
- Disruption in lessons, between lessons, at break time and lunchtimes
- Deliberately upsetting another learners
- Throwing objects, or wilfully misusing equipment
- Using mobile phones or technology inappropriately
- Verbal aggression
- Deliberately not attending lessons

If misbehaviour is identified, a member of staff who observes or hears one of these behaviours is empowered and expected to act as soon as possible in accordance with this policy, utilising an appropriate sanction, such as sensitively challenging the behaviour and explaining its negative impact on them, their learning and on others.

The member of staff will record the behaviour and inform the learner's tutor, DSL and Mental Health Lead so that proactive protective measures can be put in place. This behaviour will result in a pastoral phone call or email to parents/carers to explain the behaviour and how this was challenged. This conversation and outcomes will be recorded by the tutor and shared with relevant team members.

#### 10.2 Serious behaviour

Serious behaviour is defined as:

- Any form of bullying
- An assault on a fellow learner or member of staff, or a threat, or repeated threat, of violence

- Sexual assault, which is any unwanted sexual behaviour that causes humiliation, pain, fear, or intimidation
- Vandalism
- Theft
- Smoking
- Recording other staff/learners and sharing this online/social media with or without their consent
- Deliberately and willfully taking photos or videos of other learners
- Posting comments about other learners on social media
- Racist, sexist, homophobic or discriminatory behaviour
- Possession of any prohibited items. These are:
  - Knives or weapons
  - Alcohol
  - Illegal drugs
  - Stolen items
  - o Tobacco, cigarette papers, matches, lighter or vaping equipment.
  - Fireworks
  - Pornographic images
  - Any article a staff member suspects has been, or is likely to be, used to commit an offence, or to cause personal injury to, or damage to the property of, any person (including the learner)

In all of these cases, the behaviour should be challenged and/or de-escalated and a member of SLT informed.

Following the de-escalation of the situation, an incident report will be written and the learners' parents/carers will be phoned and actions to resolve or repair this behaviour will be discussed.

A learner will need to reflect on their behaviour with the Mental Health Lead or a member of SLT to find supportive strategies to prevent a recurrence of this behaviour. If it continues, the learner does not show remorse, and the safety and wellbeing of other learners is at risk, a one day suspension will be considered by the Headteacher.

The incident is recorded and if additional measures or actions are required (such as police or social services) these will be communicated.

# 11. Responding to behaviour

We seek to avoid the use of sanctions and consequences as much as possible, preferring supported reflective conversations, not least because a sanction:

- Is rarely effective in the long term as it does not embed long-lasting change
- Does not teach or highlight alternatives
- Behaviours often still occur when the person delivering the 'punishment' is not around
- Often leads to escalating behaviour
- Limits opportunities for the person to behave appropriately (and for us to encourage and reinforce this)
- Individuals can easily become habituated to punishment.
- May not actually be 'punishment' for that person, e.g. a one day suspension may be what the person wants

It is also the case that we recognise that no two learners are the same and each may require a different approach to the same behaviour. This is based on our collective knowledge, skills and experience as a team and includes every member of staff in identifying the causes of behaviour and appropriate strategies and responses to behaviour that is below the expectations of Inclusion School.

However, the school takes seriously any threat to the mental health and wellbeing of its learners and any risk this may pose to an individual or the collective. If a learner is demonstrating aggressive, bullying or threatening behaviour which intimidates others this will be taken seriously as it undermines all the feeling of belonging, safety and security that our learners require.

## 11.1 Responding to misbehaviour

When a learner's behaviour falls below the standard that can reasonably be expected of them, staff will respond in order to restore a calm and safe learning environment, and to prevent recurrence of misbehaviour.

Staff will endeavour to create a predictable environment by always challenging behaviour that falls short of the standards, and by responding in a consistent, fair and proportionate manner, so learners know with certainty that misbehaviour will always be addressed. This should be done in a non-confrontation manner that de-escalates a situation.

Challenging may not happen in the moment of its occurrence, as it may further escalate a dysregulated young person, but this will be addressed by the member of staff who observed this at a future time.

A member of staff should record the behaviour on the school's concern sheet. All staff should consider whether this behaviour is indicate of an underlying safeguarding concern and whether this should be brought to the attention of the DSL when they record this.

All learners will be treated equitably under the policy, with any factors that contributed to the behavioural incident identified and taken into account.

When giving behaviour sanctions, staff will also consider what support could be offered to a learner to help them to meet behaviour standards in the future.

The school may use 1 or more of the following sanctions in response to unacceptable behaviour:

- Have a reflective conversation on why they are presenting with this behaviour ("why is this happening?"
- A verbal reminder of the expectations of behaviour expected at Inclusion school
- Setting targets based around their behaviour
- A behaviour contract
- Regular meetings with parents/carers
- Loss of privileges
- Letter of a phone call home to parents/carers
- Suspension
- Managed move and end of placement
- Permanent exclusion, in the most serious circumstances

Personal circumstances of the learner will be taken into account when choosing sanctions and decisions will be made on a case-by-case basis, but with regard to the impact on perceived fairness.

# 11.2 School responses to specific serious behaviour

In the following instances of serious behaviour, the following actions will be applied in **all** cases.

- At every stage of the serious behaviour a trusted member of staff, and a senior leader, will explain to the learner the seriousness of the situation at every stage and implement de-escalation behaviours
- In these conversations the member of staff will communicate to the learner why their parent/carer will be called and that this action is being taken to safeguard them

## Smoking/vaping

Having communicated with the learner, the member of staff who sees or suspects a learner of smoking/vaping should inform the learner's tutor, who will in turn inform the child's parents and a member of SLT.

The learner will be expected to hand over any cigarettes, tobacco, lighters/matches, and vaping equipment to the member of staff.

#### Assault, or threat of, a learner or member of staff

Assault, or threats thereof, on any person is always unacceptable and it is paramount to ensure that everyone is safe and receiving the necessary support.

In the event of the situation:

- Learners should be separated to keep them safe
- A senior member of staff called (including Behaviour Leads)
- De-escalation techniques should be used to calm learners involved
- If the situation is not de-escalating parents/carers should be notified immediately to collect their children following an incident or to prevent one

Following the incident, the Headteacher will launch an investigation and incident report.

An incident report will be written and further actions and interventions will be discussed with parents and recorded in writing by a member of the Senior Leadership Team.

A threat of physical violence always results in a one-day suspension and actual violence a two-day suspension.

If these threats are considered serious and repetitive, with no remorse or change in behaviour, the Local Authority will be informed and other school options will be explored. Parents/carers will always be informed of any incident.

#### Any substance misuse

Any concerns and suspicions about substance/drug misuse possession or a person being under the influence of alcohol or drugs must be reported to the Headteacher/SLT/DSL immediately.

If the learner is under the influence, they will be taken care of by a member of staff whilst parents/carers are contacted.

The learner will be expected to hand over any substances to this member of staff.

Parents/carers will be notified and if a learner has not handed in these substances they will be asked to collect their child.

An incident report will be written and further actions and interventions will be discussed with parents and recorded in writing by a member of the Senior Leadership Team.

## **Absconding**

If a learner absconds from the school site, the senior staff must be informed immediately and parents/carers to be contacted.

An incident report will be written and further actions and interventions will be discussed with parents and recorded in writing by a member of the Senior Leadership Team.

#### **Bullying**

For information on how we deal with incidents of bullying, please see our Anti-bullying Policy. If a case occurred of severe or persistent bullying, strong sanctions, such as suspension, would be implemented.

All cases of bullying are documented and parents/carers will be informed in writing if this continues to be a persistent problem that will result in serious sanctions, such as suspension or a managed move.

#### Misuse of a mobile phone

If a phone is being misused this will necessitate a phone call to parents/carers by the learner's tutor. Phones will either be expected to remain at home or to be handed in to a teacher at the start of the day. This privilege may be regained with trust re-established over time, and reintroduced gradually.

## 11.3 Suspension, managed move and permanent exclusions

The school can use suspension, managed moves and permanent exclusion in response to serious incidents or in response to persistent poor behaviour, which has not improved following in-school sanctions and interventions.

The decision to suspend or exclude will be made by the headteacher and only as a last resort.

Please refer to our exclusions policy for more information.

# 11.4 Suspected criminal behaviour

If a learner is suspected of criminal behaviour, the school will make an initial assessment of whether to report the incident to the police.

When establishing the facts, the school will endeavour to preserve any relevant evidence to hand over to the police.

If a decision is made to report the matter to the police, the Headteacher or Deputy/Assistant Headteacher will make the report.

The school will not interfere with any police action taken. However, the school may continue to follow its own investigation procedure and enforce sanctions, as long as it does not conflict with police action.

If a report to the police is made, the designated safeguarding lead (DSL) will make a tandem report to children's social care, if appropriate.

# 12. Use of mobile phones and other electronic devices

At Inclusion School, learners are typically permitted to bring mobile phones and other electronic devices to school because, for many of our young people, it is a need to do so. For many young people, their mobile phone is a means of communication and a way of remaining attached to those they care about, which is of particular importance to learners with separation anxiety.

It is also a skill for life to be able to manage your devices independently in preparation for adulthood. It is the expectation that whilst you are in school you can use your phone appropriately at break times or durings lessons when asked specifically by a teacher. At all

other times it is the expectation that phones are on your person, away or nearby. This is to allow learners who benefit from music to have access to this.

However, any inappropriate use of phones (see misbehaviour/serious behaviour, above) will result in the possibility of a phone being handed in for lessons or, more severely, being left at home.

Inclusion School focuses on teaching appropriate use of social media and technology during all lessons and how to manage devices responsibly. However, in certain cases, staff will need to intervene because the learners inappropriate use has impacted others or themselves negatively and need additional support in learning how to manage their device. For example, being able to hand a phone in to a teacher at the start of a lesson is a positive first step to learning to manage their device appropriately.

# 13. Learner support

Inclusion School recognises its legal duty under the Equality Act 2010 to prevent learners with a protected characteristic from being at a disadvantage. Consequently, our approach to challenging behaviour may be differentiated to cater to the needs of the learner.

The Head of Provision and special educational needs lead will evaluate a learner who exhibits challenging behaviour to determine whether their known needs are being met and whether there are any other unknown needs that could explain their actions.

Where necessary, support and advice will also be sought from the referring school/agency and external professionals (such as educational psychologists or medical practitioners) to identify and support needs.

When acute needs are identified, Inclusion School will liaise with external agencies and create an appropriate support plan for the learner. Inclusion School will work with the learner, their parents/carers and other professionals to create the plan and review it on a regular basis.

# 13.1 Supporting those impacted by bullying or discriminatory behaviour

Learners who attend Inclusion School are likely to have ongoing mental health needs and/or to have had at least one negative education experience (such as bullying). Inclusion School promotes an environment that respects and values the wellbeing of all who attend but there will be times, whether deliberately or accidentally, that a young person is affected by the negative behaviour of another learner. In these instances, Inclusion School provides a range of support for that young person, including making a formal report (if appropriate and proved to be true). Examples of such behaviour might be:

- A young person having experienced unwanted touching from a peer
- A young person having suffered a racist, sexist, homophobic incident (or any other form of discrimination of a protected characteristic).

In the rare instance that an example such as those outlined above takes place, staff members will provide all necessary support for the young person to support their mental health and wellbeing. This may include:

- Accessing therapeutic support, such as counselling
- Working with the family to provide ongoing care
- Support writing a formal complaint following the incident
- Access to a safe space at any time

- Space and time with a senior member of staff
- Final say in any suggested restorative action
- Opportunities to move session time to avoid being around the perpetrator/abuser

Whilst support for the victim is ongoing members of staff will also continue to work with the other learner separately, assuming their placement has not been ended due to the incident, to enable them to understand the impact and consequences of their actions and implement any appropriate sanctions and actions. Inclusion School strongly believes that all learners are good and that opportunities for restorative action and change should be actively supported to promote change.

# 14. Use of reasonable force

Inclusion School does not support the use of restrictive practice in any instance. For more information please see Inclusion School's statement on use of physical restraint (Appendix 4)

As outlined in this behaviour policy, and the statement on the use of physical restraint, Inclusion School promotes positive behaviour and de-escalation strategies and the use of passive physical contact (such as standing between two learners in a situation in which a staff member has identified escalating tensions). Staff members will only use active physical contact to separate learners who are being violent towards one another, a staff member or a member of the public, or to intervene if a learner is at risk to themselves (as part of the staff member's duty of care).

Inclusion School does, when appropriate, encourage positive physical contact. Examples of this include:

- Delivering first aid
- Congratulations or praise (such as a handshake)
- Comforting a learner in distress
- Teaching a music instrument or new activity

#### 15. Confiscation and searches

Inclusion School does not search or screen its learners although it is able to do so, in line with the DfE's <u>latest guidance on searching, screening and confiscation</u>.

If a learner is suspected of having a prohibited item in their possession that member of staff should contact a member of the senior leadership team and the DSL immediately.

The DSL and/or senior leader will assess the situation and if they assess that the item does not pose a threat to others, but remains an item they should not possess, those members of staff will communicate with the learner the severity of the situation and encourage them to voluntarily hand this to them, whilst continuing to de-escalate and promoting co-regulation.

If the learner voluntarily hands the item to the member of staff they will be praised and additional support will be sought from the Mental Health Team to support the learner whilst senior leaders assess the next step.

If a learner denies possessing the suspected item, or refuses to voluntarily hand this item in, the senior staff member will communicate the next steps to the learner: that their parents/carer will be contacted. The school will contact the parents/carer to collect the learner and keep the learner with a member of the senior leadership team until they can be collected by their parents/carers, separated from other learners (to the extent possible).

If the situation was deemed to pose a serious threat to any member of staff in the school, the police would be contacted immediately.

Depending on the item this may or may not be returned to the learner and this will be communicated to the learner at the time. This will be recorded and communicated to parents/carers.

All incidents will be recorded and documented by the relevant senior member of staff.

Following the incident a meeting will be held with the parents/carers to identify appropriate next steps and whether additional external or internal support is required. The outcomes of this will be recorded and shared with parents/carers.

#### Confiscation

Any prohibited items (listed in section 10.2) found in learner's possession as a result of a search or being voluntarily handed in will be confiscated. These items will not be returned to the learner.

We will also confiscate any item that is harmful or detrimental to the orderly running of the school. These items will be returned to learners after discussion with senior leaders and parents, if appropriate.

# **Informing parents**

Parents/carers will always be informed of any confiscated item (listed in section 10.3). A member of staff will tell the parents as soon as is reasonably practicable:

- What happened
- What was found, if anything
- What has been confiscated, if anything
- What action the school has taken, including any sanctions that have been applied to their child

#### 16. Off-site behaviour

Sanctions may be applied where a learner has behaved off-site in such a way that was not in line with the expectations outlined in this policy. This includes when:

- Taking part in any school-organised or school-related activity (e.g. school trips)
- Travelling to or from school
- In any other way identifiable as a pupil of our school

Sanctions may also be applied where a learner has misbehaved off-site, at any time, whether or not the conditions above apply, if the misbehaviour:

- Could have repercussions for the orderly running of the school
- Poses a threat to another learner
- Could adversely affect the reputation of the school

Sanctions will only be given out on school premises or elsewhere when the learner is under the lawful control of a staff member (e.g. on a school-organised trip).

# 17. Online misbehaviour

The school can issue behaviour sanctions to pupils for online misbehaviour when:

- It poses a threat or causes harm to another learner
- It could have repercussions for the orderly running of the school
- It adversely affects the reputation of the school
- The learner is identifiable as a member of the school

Sanctions will only be given out on school premises or elsewhere when the learner is under the lawful control of a staff member.

# 18. Malicious allegations

Where a learner makes an allegation against a member of staff and that allegation is shown to have been deliberately invented or malicious, the school will consider whether to discipline the pupil in accordance with this policy.

Where a learner makes an allegation of sexual violence or sexual harassment against another pupil and that allegation is shown to have been deliberately invented or malicious, the school will consider whether to discipline the pupil in accordance with this policy.

In all cases where an allegation is determined to be unsubstantiated, unfounded, false or malicious, the school (in collaboration with the local authority designated officer (LADO), where relevant) will consider whether the learnerwho made the allegation is in need of help, or the allegation may have been a cry for help. If so, a referral to children's social care may be appropriate.

The school will also consider the pastoral needs of staff and pupils accused of misconduct.

Please refer to our child protection and safeguarding policy and allegations against staff and low level concerns policy for more information on responding to allegations of abuse against staff or other pupils.

# 19. Training

Inclusion School staff are provided with training on:

- Safeguarding
- Positive behaviour management
- Trauma-informed approach (and PACE)
- De-escalation techniques
- The needs of learners at the school
- The needs of the pupils at the school

Promoting positive behaviour, managing challenging behavioural situations and proactively identifying situations before they arise form part of each staff member's continuing professional development.

# 20. Monitoring arrangements

The school will collect data on the following:

Behavioural incidents

- Attendance, permanent exclusion and suspension
- Managed moves
- Incidents of searching, screening and confiscation

Surveys for staff, learners and stakeholders on their perceptions and experiences of the school behaviour culture

The data will be analysed from a variety of perspectives including:

- At school level
- By age group
- At the level of individual members of staff
- By time of day/week/term
- By protected characteristic

The school will use the results of this analysis to make sure it is meeting its duties under the Equality Act 2010. If any trends or disparities between groups of pupils are identified by this analysis, the school will review its policies to tackle it.

# 20.1 Monitoring this policy

This behaviour policy will be reviewed by the headteacher and governing board at least annually, or more frequently, if needed, to address findings from the regular monitoring of the behaviour data (as per section 13.1). At each review, the policy will be approved by the Chair of Governors.

The written statement of behaviour principles (appendix 1) will be reviewed and approved by the governing board annually.

# 21. Links with other policies

This behaviour policy is linked to the following policies:

- Anti-bullying policy
- Safeguarding & Child Protection policy
- Exclusions policy

# **Appendix 1: Statement on the use of physical restraint**

Every child and young person has a right to be treated with respect and dignity, and deserves to have their needs recognised and be given the right support. Some children and young people with learning disabilities, autistic spectrum conditions, trauma or mental health difficulties may react to distressing or confusing situations by displaying behaviours which may be harmful to themselves and others and may have been at heightened risk of restrictive intervention to minimise the impact of their behaviour, on them and on other people, in other education settings.

Research has shown that children and young people, their families and carers have said that restraint and restrictive intervention are traumatising. We also know that use of restraint and restrictive intervention can have long-term consequences on the health and wellbeing of children and young people, and that it can have a negative impact on staff who carry out such intervention. The personal costs to children and young people's development and welfare and to staff from the use of restraint are well documented and this is reflected in Ofsted's guidance to inspectors, 'Positive environments where children can flourish' (2021): "Restraint of any kind can have a negative impact on a child's mental health and damage relationships between children and those who care for them." These include damage to physical, psychological, social and emotional wellbeing and to their neuro-cognitive, behavioural and emotional development. Restraint can be traumatising for children and repeated use of restraint can have damaging, re-traumatising effects.

Young people who have experienced trauma in the past are especially at risk of experiencing psychological harm from restrictive interventions. For example: exclusion and seclusion can echo-relational trauma and systemic trauma; physical restraint can echo physical and sexual abuse. As a result, these interventions may cause re-traumatisation which, in turn, may drive even more challenging behaviour

Children and young people with learning disabilities, autistic spectrum conditions and mental health difficulties may often respond with behaviour that challenges (verbal or non-verbal) when they are in pain, or experiencing sensory overload, or when confronted with situations they do not understand or environments in which they cannot easily cope, which cause anxiety or fear, and for which they are unprepared. Such behaviour may be perceived as 'naughty' or 'bad' if the child or young person is unable to follow instructions or fit in with existing rules and structures and it can be a form of communication for children and young people who are unable to communicate verbally.

Young people who have been exposed to trauma are more likely to have psychological and behavioural problems, and there is evidence that greater trauma exposure is associated with more severe and diverse behaviour problems. In addition, young people with behavioural issues and mental health conditions may be at higher risk of abuse and neglect than children without these conditions. These findings taken together suggest the possibility of a feedback cycle in which young people who have experienced trauma and who have mental health conditions and behavioural issues are at the highest risk of further trauma, mental health conditions and behavioural issues

Inclusion School promotes a learner centred approach with trauma-informed practices and, as such, does not operate a system of using restraint punitively or as a behaviour management tool. Learning groups within our centres at any one time rarely exceed 12 learners at any one time and the staff/learner ratio is high, always 1:4 or above. Staff are trained to use positive behaviour support (as outlined in the behaviour policy) and other alternatives which can de-escalate challenging behaviour, and tackle the reasons for it at source. This is our primary approach. We believe in relationships built on respect, trust and nurture and to break this by using restraint on a young person would be both wrong and potentially damaging.

The likelihood of challenging behaviour can often be anticipated by those who know the learner well. Measures to understand the range of communication used by young people to express emotions, including distressed behaviour, are put in place. Measures to identify triggers of distressed behaviour and to prevent or address it are also developed with the involvement of the child or young person and their family, and with careful assessment, planning and support we create the right environment for education, care and support.

Inclusion School's strategies are listed below:

#### Primary strategies

We put in place strategies for each individual learner to reduce the likelihood of the behaviour happening; for example, managing situations that we know will trigger a behaviour, changing environments, changing grouping and timetabling and providing opportunities for new experiences and acquiring new skills.

#### Secondary strategies

These are our plans for what to do if the primary strategies do not work and behaviour starts to escalate. These include using calming approaches, changing the environment, and diverting the young person's attention to an activity they enjoy.

#### Reactive strategies

These are planned, robust strategies that are put in place to be used as a response to an incident of challenging behaviour. They aim to take control of a situation and minimise the risk to the person and others.

#### These include:

- Continued use of proven and evidence based de-escalation strategies and calming techniques
- Alerting senior or experienced staff, for example Head of Provision, SLT and/or counsellors, of an escalating situation requiring support and intervention
- Removal and supervision of other learners to a safe place
- Learner to leave site (under the care of staff, parent/carer or other appropriate professional)

- In cases of violence, extreme destruction, risk to self or others the police may be called
- In extreme cases of violence towards other learners, self or staff, non violent intervention may be necessary such as standing between learners or standing at a door to protect others.

After any incident a full incident report is written and submitted to CEO and SLT within 2 days for discussion and actions.

Please refer to relevant Inclusion School policies to support this document:

- Behaviour Policy
- Violence at Work
- Special Educational Needs and Disabilities Policy

#### References

Ofsted (2020). Positive environments where children can flourish. Available at:

<a href="https://www.gov.uk/government/publications/positive-environments-where-children-can-flourish/positive-environments-where-children-can-flourish">https://www.gov.uk/government/publications/positive-environments-where-children-can-flourish</a> (accessed: 08/10/2021)

Department for Education (2019). Reducing the Need for Restraint and Restrictive Intervention Children and young people with learning disabilities, autistic spectrum conditions and mental health difficulties in health and social care services and special education settings. Available at:

<a href="https://www.gov.uk/government/publications/reducing-the-need-for-restraint-and-re">https://www.gov.uk/government/publications/reducing-the-need-for-restraint-and-re</a>

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